



HOW TO BE

A

Rock Star

STUDENT

LEADER

BY JAKE BALLENTINE



How to Be a Rock Star Student Leader

Jake Ballentine

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Special Preview Copy

This is a special preview copy of “How to Be a Rock Star Student Leader” that is especially for you because of your work with student leaders. I hope you and your students enjoy the book and that we can work together in the future. For more information on me speaking at your next event visit: www.jakespeaks.com.

Thank you!

**Jake Ballentine
Using Music to Make a Difference**

How to Be a Rock Star Student Leader

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How to Be a Rock Star Student Leader

WHAT IS A ROCK STAR STUDENT LEADER?

I have the opportunity to meet student leaders from all over the country at leadership conferences, workshops, and school assemblies. I have noticed that there are a lot of different types of student leaders. There are those who are just there so they can get out of class and get free cookies. Then there are those types of student leaders that are getting the job done, but not much more. They are the student leaders who do what is asked of them but do not take initiative on their own. They do not go above and beyond what is asked of them. Then there are the types of student leaders that are going above and beyond; they are taking initiative and actually leading those around them. They are the student leaders that are there because they want to serve those around them and truly care about those they serve. I call these student leaders “Rock Star Student Leaders!”

When I say “rock star” you are probably thinking of someone with long hair, tattoos and a guitar, rockin’ out in front of a big crowd. Well, I am using the term “rock star” a little differently. I am

using the term “rock star” because in order to be one you need to be great at what you do and be passionate about it. Rock and roll is fun and exciting and so can being a student leader. I want you to bring a rock star level of enthusiasm and excitement to your role as a student leader!

I know that since you are reading this book you are already a “rock star student leader” or well on your way to becoming one! I know that you must actually want to improve as a student leader and you must actually care about those you serve. The great news is that caring about those you serve and having a true desire to improve as a leader are the most important steps to becoming a Rock Star Student Leader! I can teach tips and strategies, but I can’t teach genuine care and desire.

About this book

This book is the ultimate guide to rock star student leadership! You will learn the seven keys to rock star student leadership and how to apply them to your school or organization, and throughout your life. The cool thing is that these keys will not only help you become a rock star student leader but they

will help you live at a rock star level of life. I believe if you want to become a better leader the first place to look is within. When you work to improve yourself as a person you will automatically become a better student leader.

How to get the most out of this book

This book is designed to be used individually or as a group. Either way it has its benefits, but if you are reading it individually the way to get the most out of it is to have a partner who you can discuss the principles of the book with and help keep each other accountable for the action items and new goals you will be making during the course of the book. You can either go through this book as a group or you can take what you learn back to your group. To get the most out of this book don't *just* read it! TAKE ACTION! Throughout this book there are action items, activities, and challenges; make sure you take the time and do them. Growth and change come from action; you get very little out of just reading something. True growth comes from applying what you learn!

I am excited that you have taken the initiative to be the best leader you can be, and I am honored that I am able to be a part of your journey to become a “Rock Star Student Leader!”

BELIEVE IN YOURSELF

“You are better than you think you are and you can do so much more than you think you can!”

The first key to Rock Star Student Leadership is: believe in yourself. I’m not sure if you play a musical instrument or if you like to sing but if you do I bet your story is pretty similar to mine.

When I first started out playing guitar I was fourteen years old. I got my first guitar for Christmas and was *so* excited! I played it every minute I was able to. I practiced for hours alone in my room every day. After a few short months I was starting to sound really good. I wasn’t a virtuoso but for a kid just starting out I was sounding great!

The only problem was that I only sounded good when I was alone in my room. As soon as I played in front of people I got so nervous and so scared that I forgot everything! I couldn’t remember the words or the chords and I just froze. The frustrating thing was that when I was alone I had so much confidence and I could move from chord to chord with ease, but when I saw people looking

back at me I became so self-conscious that all I could think about was what they were thinking.

One of my first performances was a talent show and I got so nervous that in the middle of the song I ran off the stage. I was playing great until halfway through. I started looking at all the faces looking back at me and I started thinking, “What is she thinking about me?” “What is he thinking about me?” “Do they think I sound bad?” “Do they think I look weird?” I got so wrapped up in wondering what other people were thinking about me that I completely forgot I was even on stage! Then, all of the sudden I was snapped back into reality and I realized that I had gotten so distracted with my thoughts and insecurities that I had no idea what was coming next. The song came to a screeching halt and I just stopped in awkward silence. Then I did the only rational thing I could think of. I ran off the stage!

Have you ever been nervous in front of people? I am not just talking about music or some other kind of performance; it could just be giving a presentation in class. Or, trying to find volunteers to help with your next activity. Or, just meeting new people. Why do you think people get nervous

in front of others? Write down three reasons you get nervous in front of others.

1.

2.

3.

When you are nervous in front of others, what are you afraid of? Write down three things you are afraid of when you are nervous in front of others.

1.

2.

3.

Discuss your answers with a partner.

I was afraid that people would judge me if I didn't sound good. I was afraid that people might laugh at me or make fun of me. Ultimately, I was afraid that people would reject me. I had worked so hard at playing guitar and singing, and I was afraid that if they didn't like it they would be rejecting me personally.

One day while I was playing guitar alone in my room I started to think that this was ridiculous! I realized that there was nothing different about playing in front of people; it was just the thoughts inside my head that were holding me back. I had been playing for more than a year and I wanted to share it with others. I realized that if I wanted to be able to play in front of others I needed to forget about what people were thinking and just do my best. I decided that as long as I was playing as well as I did when I was alone I would be satisfied with myself. When I did that I began to actually play up to my potential!

I was so excited. I was finally able to play in front of others. It became my favorite thing to do. As I performed more often my fears disappeared until finally I wasn't faking it anymore; I actually had confidence when I was on stage because I believed

in myself, and knew that I could do great in any circumstance!

This isn't just about music or performance; this is about every aspect of your life. We get so nervous and worked up about what other people think about us that we don't live up to our true potential. We start to worry what others will think about us if we try out for that team and don't make it, or if we try out for that play and don't make it. What are they going to think about me if I stand up for what I know is right, or what if I sit with the student that is sitting by themselves at lunch? Your potential is greatness and the first step to reaching your potential is to let go of the fears that are holding you back.

When I was in high school I had a choir teacher that said something that has always stuck with me. He said: "Every kid can sing until someone comes around and tells them they can't." What he was saying is that we are all born believing in ourselves and then somewhere along the way we stop because we start listening to the lies and the put-downs of others. I call them lies because when someone puts you down they are really saying, "I don't feel very good about myself so I am going to

bring you down to make myself feel better.” Or when someone tells you that you can’t do something what they are really saying is, “I wasn’t able to succeed so if you succeed what does that say about me?” There will always be someone out there who wants to put you down or hold you back, but remember that has nothing to do with you and everything to do with them. There is no reason to listen to these voices! Listen to the people that lift you up and forget about the others.

Everyone has something that holds them back, whether it was an experience, something someone said or even something you said to yourself. Let go of whatever it is that is holding you back and believe in yourself because you are truly amazing! Your potential is absolute greatness! You are better than you think you are and you can do so much more than you think you can!

If you want to be a rock star student leader you need to lead with confidence. People want to follow someone that believes in what they are saying. People want to follow someone that believes in themselves. I did a survey of student leaders and advisors from all over the country and asked them what their number one challenge was.

The top response was student participation and involvement. This one key will help you with that student involvement more than anything else.

One thing I have learned in my years as a performer is that no one cares if you mess up as long as you are confident about it! At first I was so worried that if I messed up people would laugh at me and judge me but the truth is that most of the time they don't even notice. If I am being totally transparent I mess up almost every performance but no one even knows because I just keep going with confidence as if I didn't trip up at all. People only notice when you stop in the middle and start apologize for messing up. If you move forward with confidence no one even knows. Occasionally I will make a big mistake and people will definitely notice, but as long as you approach it with confidence no one cares. In fact, it can create some of the best moments on stage. One time I tripped over a microphone stand in front of 750 teenagers and fell flat on my butt! If I acted embarrassed and turned red people would have laughed at me and it would have killed the performance. But when I fell I actually laughed out loud at what just happened and then I got up and made a stream of jokes it. Everyone was laughing and it was a great moment

in my performance. There were several students that came up to me afterwards and asked me if I planned it just so I could tell those jokes. Of course I didn't plan it, but I handled it with confidence so no one cared.

If you are asked to tell the school about an upcoming activity during an assembly and you go up there in a shy manner very few students will want to listen to you, let alone come to your activity. But if you go out there with confidence and tell the school in an upbeat and excited manner that there is an awesome activity that they should attend, they will want to listen and it will be much easier to get your fellow students involved. Enthusiasm is contagious! Be enthusiastic and people will want to follow you.

Learning to believe in yourself will serve you in everything you do for the rest of your life. Believing in yourself is the first step to becoming a rock star student leader. Trust yourself and remember that you are better than you think you are. You can do so much more than you think you can!

BE YOURSELF

“There are seven billion people in the world, but there is only one you.”

The second key to Rock Star Student Leadership is to BE YOURSELF! Think about your favorite band. They are not your favorite band because they sound the same as everyone else; they are your favorite band because they have something different or unique about them that connects with you and moves you! It is the same thing with you being a student leader; it's the things that make you different that will help.

Whether you know it or not, you are a completely unique individual and the things that make you unique are the things that make you so valuable! There are seven billion people in the world but there is only one you! There is no one else that is exactly like you. You are a true original! So, be happy with the things that make you different, celebrate the things that make you different, and be the original that you were born to be!

I know that maybe you don't like the things that make you different. Maybe you think they make you weird or nerdy or awkward. I get that; I have been there before, but the things that make you unique are the things that make you an original. And last time I checked an original is worth a lot more than a copy. Don't be a copy; be the original you were born to be!

Early on in Jackie Chan's career he was asked what it was like to be the next Bruce Lee. He said, "I never wanted to be the next Bruce Lee. I just wanted to be the first Jackie Chan." Don't be a copy of someone else when you can be the one and only you, even if that person is a great role model. You can learn from them but don't try to be them. Just be the very best version of you.

In December of 2007 my grandpa died from cancer. He was an amazing man and I really loved and looked up to him. After his funeral many people came up to me and my family and told us how much of an impact he had on their lives. They told me things like: "Your grandpa helped me get through a really tough time in my life," and, "I don't know where I would be if it wasn't for your

grandpa.” One person said, “Your grandpa literally saved my life.”

After the funeral I started to rethink my future and career choices. At that time I was going to college and working as a musician with lofty dreams in the music industry but when I heard what these people said about him I decided to change my path. I wanted to have the same kind of impact he had on people’s lives. My grandpa spent his career as a psychiatrist doing therapy and counseling with children and families. I decided I was going to do something similar and change my major to psychology, and then get a Masters in counseling and become a family counselor. I started down that path and quickly realized it was not for me. At first I was distraught because I thought I wanted to follow in his footsteps. But then I started talking to my family and other people that knew him best and asked them what it was that made my grandpa such an amazing person.

After hearing everyone’s stories I realized that it wasn’t his career that made him great; it was who he was. I realized that who you are is a lot more important than what you are. He used all of his skills and talents to make a positive impact in the

world around him. Becoming a counselor didn't feel right for me because I was trying to be someone else rather than the best me I could be. I decided I would learn from him but make it my own. I decided I wanted to be the type of person that used all of my skills and talents to promote a positive message and make the world around me a better place. I realized that when I was trying to be him I was hiding the things that made me unique and original. It was at that time I decided I would dedicate my skills in music and public speaking to promote positivity and making the world a better place.

Don't try to be someone other than yourself. If you try to be someone else you are taking away from the things that make you an original. Be an original, not a copy. Dr. Seuss said it best: "Today you are You, that is truer than true. There is no one alive who is Youer than You."

In your role as a student leader it is extremely important that you be yourself. Everyone has different skills and talents, and everyone has something different to bring to the table. The

unique things that you bring will be the things that will make you valuable to your leadership group.

I guarantee there is someone you lead that you can connect with because of one of your unique talents or interests. I know there is something unique about you that you can use in a way that will help you in your role as a student leader. For you, maybe it's a talent in music or art or communication, or maybe it is a talent for organization, or maybe you are good with numbers. Or maybe you are a genuine, kind person that is great at building relationships. Everybody has something different they can bring to the table. You may already know your unique talents and abilities, but maybe you haven't discovered them yet. If you already know your talents and skills work to develop them and make them even stronger. If you haven't figured them out yet, that is okay! Sometimes it takes people a long time to figure this out. Either way, what is most important is that you be you! Be true and authentic to who you are and be the best version of you. Be yourself because everyone else is already taken.

Exercise:

Write down 3 things you are interested in:

1.

2.

3.

Write down 3 things you are good at:

1.

2.

3.

Write down 3 unique experiences you have had:

1.

2.

3.

Write down how you can use your unique skills, talents, interests and experiences to help you in your work as a student leader:

LEARN FROM OTHERS

The third key to Rock Star Student Leadership is to learn from others. It is extremely important to be yourself but that does not mean that you can't learn from others. You should learn everything you can from other people and then make it your own.

When somebody learns to play guitar they learn from someone who already knows how to. A lot of guitar players will say that they didn't learn from anyone and that they are self-taught. All that really means is that they didn't have formal lessons, but I know that they did learn from other people. They probably watched other guitar players, went online and watched video tutorials or got books about how to play guitar. In some way, shape or form, they learned from other people.

I have actually met a few people that were truly self-taught, meaning they just messed around on guitar until they liked the way it sounded. But two things happened. One, it took them an extremely long time to learn the basics. It took them a whole year to get where they could have been in a few short weeks. Two, they have bad habits on guitar.

Their technique is poor because they made it up along the way and they can't unlearn their bad habits so it takes them a lot longer to learn new material. If they just learned the basics from someone that had been there before it would have been a whole lot easier for them.

The best guitar players learn all they can from the greats and then make it their own. They add their own unique style or sound to make something that sounds totally new. Jimi Hendrix is a great example of someone that learned from others and made it his own. His sound was blues that he had learned from the great blues players, plus his own flare. He took what he learned and added something totally new.

This is what the best in any career or subject do. They learn everything they can from those who have been there before them and make it their own by adding their own unique style, sound or twists. The same principle should be applied to student leadership. Learn from others and then make it your own.

As a student leader you should be learning from three different groups of people. The first group is

your mentors. This includes your teachers, advisors, coaches, parents and upperclassmen that have been there before. This group is an extremely valuable resource for you. They've already done it so you can learn from their successes and failures.

The second group is your peers. This would include your fellow student leaders, and student leaders at other schools or organizations. Just because they are your peers doesn't mean you can't learn anything from them. This can be an extremely valuable group as well. In your leadership group you can learn from each other since you all come from different backgrounds and have different skills, talents, interests and experiences to bring to the table. When you are at a conference with student leaders from outside of your group you should take some time to meet these other student leaders and see what you can learn from them. They may be doing something that you had never thought of that could solve one of the problems you are working on.

The third group is often forgotten. It is the people you serve. Most student leaders learn from their mentors and a lot of them learn from their peers but most forget about those they serve. One of the

best things you can do to put on a successful event is to ask the people the event is for what they want. Listen to what they say and then make it happen. If you know what they want and give it to them then involvement won't be a problem. The best leaders represent the people they serve, and there is no way to represent those you serve if you don't know what they want.

I have found that the secret to success in anything is to know what you want. Find someone that has been there before. Learn from them, make it your own and apply what you learn. If you can do that, you will be successful throughout your life.

What can you do to learn more from your mentors?

What can you do to learn more from your peers?

What can you do to learn more from those you serve as a student leader?

DON'T BE AFRAID TO FAIL

“You miss 100% of the shots you don’t take.”

-Wayne Gretzky

The fourth key to Rock Star Student Leadership is not being afraid to fail. To be a rock star student leader you need to first believe in yourself and then be yourself. Learn from others then make it your own and apply what you learn. Many people get to this point and get stuck because they are so busy worrying about making a mistake that they don’t have time to think about success.

I have bad news for you. **YOU ARE GOING TO FAIL!** It is true that at some point you are going to fail, but I don’t think that is a bad thing. It is only a bad thing if your mistakes lead to you giving up. Everyone makes mistakes and everyone experiences failure from time to time. The real problem comes when people are so afraid to make a mistake that they are not willing to try new things. Not everything you do will be a huge hit. Sometimes movies flop; sometimes songs aren’t a hit. But you have to try new things to find what really works. As a student leader you need to be

willing to take action. Sometimes it will go great and sometimes it won't, but you need to be willing to learn from your results and then keep going!

The good news is that when you fail (notice I said when and not if) you are in great company. In the early 1960s after The Beatles had an audition with Decca Records they were told that they did not like their sound and that they had no future in show business. Elvis Presley was told that he should keep his day job as a truck driver. Jimi Hendrix was booed off the stage when he was on opening act. Michael Jordan was cut from his high school basketball team. Oprah Winfrey was fired as a news anchor because they said she was not fit for television, and Walt Disney was fired from a newspaper because they said that he did not have any original ideas. The thing that made these people successful is what they did after they failed. They were willing to get up and keep going.

If you want to be a Rock Star Student Leader you can't be afraid to fail. And when you do experience failure you need to figure out what you can learn from it and then get up and keep going! If you spend all your time worrying about failure you will never have time to plan your success.

Exercise:

Write about a time that you experienced failure and learned from it. What did you learn from it? How did it make you better? How can you do a better job at learning from failure in the future?

WORK AS A TEAM

Even though I was born 15 years after the band broke up, and they were way before my time, The Beatles are my favorite band. Something about them just moves me. I love their unique sound and their diversity in styles. I think the thing that made The Beatles so great was the four of them together – not the four of them individually, but what they were able to accomplish as a group. They brought four minds together and created something much better than they could have ever come up with on their own. Each of them went on to have solo careers and have some great songs but none of them ever reached the level they did together as The Beatles.

This is why it is so important to work together as a team. When you work together you will create something far better than you could on your own. If you try to do everything on your own you will never reach the level you could have if you worked together as a team.

Michael Jordan is a great example of this. Early on in his career he was a phenomenal player but never

won a championship. He did not know how to work with a team. The other teams had a simple and effective strategy to defend against Jordan, just double or triple team him, and the Bulls wouldn't have a chance. It wasn't until Phil Jackson came on as the new coach that things started to change. Jackson taught Jordan how to work with the team and they became unstoppable. They went on to win 6 championships in 8 years. All because they worked together!

Everyone in your leadership group has something unique to offer. All of them can contribute and help make something far better than if you took over and did it yourself. Many student body or organization presidents will step in and do everything because they think that they need to get the job done no matter what. When this happens there are three major problems. One, there is always too much to do and eventually they will burn out. Two, they never reach the group's potential because they did not use the other members of the group. Three, the other members of the group will lose interest because they do not feel valued.

If you are the leader of a group, it is not your job to do everything. It is your job to help the members of your group reach their potential and help the group as a whole do the best job possible. Use the other members of the group and help them become a winning team!

If you are in a leadership group but are not the leader of the group, it is your job to help the group as a whole to reach its goals by doing your very best at the role you are given. Sometimes the best leaders are not the official leaders of the group. They are the members of the group that lead by example by doing their very best with a great attitude.

When you work as a team you will reach heights that you could never have reached on your own. Think about your leadership group and your role in the group. How can you do a better job at working as a team?

Write down three ways you can do a better job working as a team:

How to Be a Rock Star Student Leader

1.

2.

3.

FOCUS ON THE GOOD

*“What’s wrong is always available, but so is what’s right!” -
Tony Robbins*

When I was nine years old I had a best friend named Winston that lived across the street from me. One day he came over into the backyard with a golf ball in his hand. He stood about four feet away from me holding the golf ball up by his ear and said, “Hey Jake, I’m going to hit you in the head with this golf ball!” I didn’t like the sound of that but he said it one more time and then he reached back and threw the golf ball as hard as he could and hit me right between the eyes! He hit me so hard that it knocked me out cold! I hit the floor and don’t remember anything until about five minutes later when I woke up on my couch looking up at my brother and dad. Winston had fled the scene of the crime and was nowhere to be found. I had a goose egg lump on my head and you could even see the little dimples from the golf ball indented into my skull.

Remarkably, Winston and I remained friends. One night, years later, I asked him if he remembered the

time he hit me in the head with a golf ball. He said, “Yes, I remember that.” I said, “Why on earth did you do that? What were you thinking?” He said, “I was just trying to scare you. I didn’t want to actually hit you in the head with the golf ball; I just wanted to throw it right next to you. But I was focusing so hard on not hitting you in the head that I hit you in the head!” What I learned from this is that that whatever we focus on we tend to get. Even though he didn’t want to hit me in the head, he was focusing so hard on what he didn’t want and, of course, that is what he got.

I have learned since then that this applies to every aspect of our lives. Whatever we focus on is usually what we will see. If we are looking for the good things in the world, we are going to find them. If we are focusing on all the bad things in the world, that is all we will see. If you are looking for the good within your school, you will find it. If you are looking for the good within the people around you, you will find it. If you are looking for the good within yourself, you will find it. But if you are looking for the bad, that is what you will find.

Are there bad things in the world? OF COURSE!
But why should we focus on them? As Tony

Robbins says: “What’s wrong is always available, but so is what’s right!” When you focus on the good things in your life and are grateful for them you will find more of it, and I believe whatever we focus on grows. You can see it around you. The happiest people are grateful and have a positive attitude. I am sure you have also seen people that seem to have everything but are miserable because they are ungrateful.

This even applies to the problems in our lives. Unfortunately all of us go through problems and trials in our lives. When you go through those trials you can be fearful and let them break you, or you can choose to grow from the situation. When I go through a trial in my life I like to focus on how it can make me better. I focus on how I will be a better person on the other side because I went through this trial. Ever since I have adopted this philosophy in my life it has made my problems so much easier and I have been a much happier person because I have found meaning in my trials. A true attitude of gratitude is not just about being grateful for the things you have, but also being grateful for the ordeals that shape you.

I believe the true secret to happiness is gratitude. I choose to live a life filled with the attitude of gratitude. I choose to focus on the good, and I hope you will too.

Exercise:

What are 5 things you are grateful for?

1.

2.

3.

4.

5.

What is a trial in your life that can shape you to be a better person?

How can it help you?

What are three ways that you can focus on the good in your life?

1.

2.

3.

CARE ABOUT THOSE YOU SERVE

“No one cares how much you know, until they know how much you care” -Theodore Roosevelt

The last key to Rock Star Student Leadership is the most important of them all. The seventh key is to care about those you serve. The best student leaders are not there because it looks good on a resume; they are there because they care about those they serve. They want them to reach their potential, they want them to have a great time and do their best. This is such an important attribute for a leader to have. Leadership skills can be taught but no one can teach you to genuinely care about those around you. I don't know if you realize it or not but you, as a student leader, have a huge opportunity to influence the lives of those around you.

In my presentations at schools and leadership conferences I talk a lot about believing in yourself and being confident. I want to make it clear that I don't do this because it is something I think I am perfect at or have never had a hard time with. I do this because it is something I used to really struggle

with and have learned to overcome, and I saw huge changes in my life because of it.

When I was younger I really struggled in school. School was something that was so hard for me, especially reading. I didn't just read a little bit below the reading level of everyone else – I could barely read at all. I didn't even read a book cover to cover until I was almost 18 year old. I was in the special education program and I was considered learning disabled. I did not feel good about myself. I thought I was dumb and stupid and that I was not cut out for success.

It also made it so much worse when other students would tell me that I was dumb and stupid, or made jokes about my reading. It wasn't until later on in my life when I had some great mentors that helped me realize that maybe I did have some people that put me down, but I also had people that lifted me up. They helped me realize that I should listen to the people that lift me up and just forget about the people that were mean. They told me to listen to the people that encourage you and care about you and help you reach your potential. They taught me that if someone is putting you down, just move on because you don't have time for that. They helped

me realize that if someone was being mean, it had nothing to do with me and everything to do with them. And if they told me I couldn't do something they were really saying that there was something they couldn't do.

I decided to start listening to the right people and forget about the wrong people, and I saw huge changes. It's not like I could just all of the sudden read better. It didn't work like that. What happened was that I believed in myself enough to know that I could overcome my challenges. I started seeing tutors and getting any extra help I could. I practiced reading on my own, and little by little I got better and better. Eventually I was able to graduate and do really well in college, and it was all because I decided to start listening to the right people and forgetting about the wrong people. The people in my life are what made the difference for me.

I know that you have someone in your life that cares about you, someone that will encourage you and lift you up. Whoever that person is or those people are, listen to them! Listen to the people that lift you up and forget about the people that put you down! And then become that person for someone

else. Become the type of person that lifts others. You can have a major lasting effect on those around you. You have an amazing opportunity as a student leader to influence those around you. You may not realize it but the people you serve watch you; they see what you are doing and they do follow you. The best way to create positive changes is to lead by example. As you choose to be the right person for the people in your life you will influence those around you to follow your lead.

Who are three people that have been the right person for you in your life?

- 1.
- 2.
- 3.

In what ways did they help you?

- 1.
- 2.
- 3.

What are three ways that you can positively impact those you serve?

1.

2.

3.